

Tanya Shadrick

Fellow Royal Society of Arts | Mentored by David Nash RA

"Moving, subtle, lucid..." Robert Macfarlane

"Tanya creates intriguing space in public places where the curious find themselves engaging in a writer's practice and volunteering their own stories to be woven into her work." David Nash RA

"So beautiful. There is such a grace in your writing." Aurélie Baudrier, Jan Michalski Foundation

PERSONAL

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WILD PATIENCE: A MILE OF WRITING (2016-2017; ink on paper)

My major work to date is *Wild Patience*: a mile of writing – some 100,000 words – written in public, pen on paper, across five paper scrolls each measuring 150ft. This was begun on residency beside the country's oldest outdoor pool and completed two years later by Lake Geneva, funded by the Jan Michalski Foundation. It asked those who came close: *When did you feel most wild and free? In body? Your mind?* The work was featured — alongside my mentor David Nash's Ash Dome — in the 2018 BBC Radio 4 documentary [Pursuit of Beauty: Slow Art](#)

IMPACT

Sample comments from those who've encountered me at work as a performer, speaker and tutor are available on the [impact page](#) of my website

RESIDENCIES

Sept 2018 – June 2019 [Field Notes](#) | Warnham Nature Reserve | With sculptor Will Nash | ACE funded

Aug 2018 [Here is a Pen](#) | Bucks Mills Cabin, North Devon | National Trust
[Story of a Floor](#) is a short online output from the project that has been widely shared, and which shows the kind of connections I often help happen between people and places

Sept 2017 [Wild Patience](#) | Jan Michalski Foundation for Writing & Literature | Switzerland

May 2017 [Wild Patience](#) | Brighton Museum
A [one-day performance](#) as a tableau vivant in the Fine Art gallery..

May 2016 – Aug 2017 [Wild Patience](#) | Pells Pool | Lewes
This work has been covered widely, with features on/in: BBC Radio 4, BBC South East Today, Oh Comely Magazine, Outdoor Swimmer Magazine & The Outdoor Swimming Society.

ENGAGEMENT

Editor	<p><u><i>Wild Woman Swimming: A Journal of West Country Waters</i></u> Selkie Press Sept 2018 I met just once with the visionary wild swimmer Lynne Roper, at her hospice shortly before she died; this best-selling book keeps the promise I made that day – to find readers for her remarkable nature writing after her death.</p> <p><u><i>Watermarks: Writing by Lido Lovers & Wild Swimmers</i></u> Frogmore Press May 2017 Prose, poetry and life-writing from wild swimmers around the world, well-reviewed by the TLS & first book to receive an Outdoor Swimming Society recommended read cover badge</p>
Awards	<p><i>Brighton Prize Finalist</i> <i>Courting: a short story</i> Nov 2018 <i>Fellowship</i> Royal Society of Arts Mar 2018 <i>Special Mention Spread the Word Lifewriting Prize</i> <i>The Slow Time of Accidents</i> May 2017</p>
Writing	<p><i>Oh Comely</i> <i>Review Flaneuse: Women Walk the City & A Tale of the Unexpected</i> Dec 2018 <i>Oh Comely</i> <i>Diaries of Anais Nin: Books that changed us</i> Apr 2018 <u><i>The Guardian</i></u> <i>A Winter Walk: Firle & Charleston</i> Dec 2017 <i>Oh Comely</i> <i>A Lost Sheep: A true fairytale about touch</i> June 2017 <u><i>Outdoor Swimming Society</i></u> <i>A Wild Patience: Depths sounded in lives of others</i> May 2017 <i>Rakes Progress</i> <i>Putting Down Roots: On stewardship, belonging, accidental art</i> Apr 2017 <u><i>The Simple Things</i></u> <i>Romance of Maintenance: On recovery from loss</i> Mar 2017 <i>Oh Comely</i> <i>Laps of Longhand: Essay & 6-page photo feature of Wild Patience</i> Aug 2016 <u><i>Unpsychology Magazine: Childhood Issue</i></u> <i>The Weather House: A story</i> June 2016 <u><i>REFRAME/Sussex University</i></u> <i>Song of Ourselves & No Unsacred Places: On place</i> Oct 2015</p>
Speaking	<p><u><i>Faversham Literary Festival</i></u> <i>On walking, water, writing, wellbeing</i> Feb 2019 <u><i>Kendal Mountain Literary Festival</i></u> <i>Wild Woman Swimming</i> Nov 2018 <u><i>PechaKucha</i></u> <i>Wild Writer: Speaking live to strict PK format 20 slides/20 seconds</i> Aug 2018 <i>Kendal Mountain Festival</i> <i>Alpkit Outdoor Swim Session</i> Nov 2018</p>
Teaching	<p><i>Writing of the Outside: Towards an Embodied Practice</i> <i>New Writing South</i> Nov/Dec 2018 <i>Word & Image</i> <i>University of Sussex</i> May 2018 <i>Authenticity & Form in Lifewriting</i> <i>New Writing South</i> Nov 2017</p>
Media	<p><u><i>Slow Art</i></u> <i>BBC Radio 4</i> <i>In conversation with David Nash</i> June 2018 <u><i>People Talking</i></u> <i>BBC Radio 4Extra</i> <i>Co-presenter with Fi Glover, 3 hr special</i> Nov 2017 <u><i>Tanya Shadrick</i></u> <i>BBC South East Today</i> <i>Arts correspondent Robin Gibson</i> Aug 2017 <u><i>The Unexpected Fisher</i></u> <i>Canal & River Trust</i> <i>Short film</i> July 2017 <u><i>Tanya Shadrick</i></u> <i>BBC South East Today</i> <i>Arts correspondent Robin Gibson</i> Aug 2016</p>
Service	<p><u><i>Life Story Scribe</i></u> <i>St Peter & St James Hospice, Chailey</i> 2010 to 2014</p>

EDUCATION

English Literature BA Hons (First Class) & MA Hons (Distinction) | University of Sussex | 1993 to 1997

First-generation entrant from a single-parent household in an isolated rural community. MA Dissertation reflected my early commitment to public service/art-making and the 'aesthetics of the person in public'. I focussed on the early documentary GPO films of Grierson & Jennings, and the socially-inclusive radio productions of the North Region's D G Bridson & Olive Shapley, who encouraged working class people to 'speak for themselves'.